



KALFA eBlast News

October 6, 2017, 2017

Contact Us

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**REMEMBER: CONFERENCE CALL
SCHEDULED FOR OCTOBER 10, 2017,
2:00 PM, EDT, 1:00 PM, CDT. TOPIC:
REVISITING FUNCTIONAL NEEDS
ASSESSMENT IN ASSISTED LIVING:**

Some of our assisted living communities have expressed the need to revisit the requirements for completing the Functional Needs Assessment for our residents in Assisted Living. Many of you attended the FNA workshop on February 20, 2015. We have a number of new Executive Directors and Resident Service Directors who were not here 2 ½ years ago. If you have the regulations, please review KRS 194A.705 and KRS 194A.711. These regulations can be found in our “Providing Choice” publication. Please have your questions ready for this conference call. We plan to have some of the people that were on the FNA Task Force in 2015 on the call to assist you in answering your questions. We will also have some of the review personnel from DAIL on the call. DAIL will be giving us information that their reviews have found in checking the functional needs assessments in our communities and answering questions related to those findings.

We will start the call on October 10, 2017 at 2:00 pm, EST and 1:00 pm, CST. Please dial 1-678-809-2332, then enter the Conference Code, 8106638 and press #. You should be placed directly into the conference. After you are in the conference call, technical support is available at any time by dialing 00.

One of our Associate Members, Schaefer General Contracting Service sent us a recent press release on one of our newest personal care homes, Exceptional living Center of Prospect. This press release was developed by Janet Lively, Vice President- Marketing and Business Development with Schaefer General Contracting

Service:

PROSPECT RESIDENTS ENJOY EXCEPTIONAL LIVING. NEW SENIOR LIVING COMMUNITY FOR PROSPECT RESIDENTS

Prospect, KY, October 6, 2017 – Exceptional Senior Living Center's planned Prospect facility has opened and occupancy of the 45,600 square foot, 65 room senior living community continues to rise. There are one-bedroom, two-bedroom and studio apartments. A memory care neighborhood is also incorporated into the property. The community boasts a large elegant dining room, private dining for special occasions, full-service kitchen, an ice cream shop and gathering spaces. A salon, spa, fitness center and rehab therapy gym are among other amenities.

Peary Wilson, President, Schaefer General Contracting said: "We are proud to be a partner to Exceptional Senior Living and believe that this is a development that the City and Residents of Prospect can be proud of. We are certainly pleased to have been a part of the team that brings a sophisticated residential senior living community to a prominent area like Prospect."

Tom Watts, President & CEO, Exceptional Living Centers says, "our communities accommodate resident and guest's diverse interests by adding an assortment of areas throughout our communities in which we cater to these. This assures that whether a guest prefers an inviting respite area to read or enjoy quiet time, watch a movie or game with friends, host a celebration or meal in the private dining room, we want them to have that choice. At Exceptional Senior Living of Prospect, residents are encouraged to invite friends and family to join them for meals or to use the community for events and activities from civic group meetings to an informal gathering of friends."

Watts also stated..."I have enjoyed working with Jim and Eric Schaefer on the Exceptional Senior Living center in Prospect, KY. Exceptional Living Centers has worked with Schaefer General Contracting on several projects to renovate or build senior living communities from the ground up. The team at Schaefer understands the senior living industry and does a good job of incorporating that knowledge into their projects."

Founded in 1954 in Louisville, Kentucky, SCHAEFER General Contracting is one of the oldest general contractors in the area. We're a single-source firm providing owners, architects and design professionals with exceptional turn-key construction and renovation services.

Schaefer operates under a comprehensive Construction Management Plan which incorporates and capitalizes on our many

years of experience and demonstrates our commitment to quality

The following article was in the *Argentum Daily News for Senior Living Professionals*:

STUDY FINDS INABILITY TO SMELL PEPPERMINT LINKED TO DEMENTIA

Newsweek reports that a team of University of Chicago researchers have come up with a simple, affordable test that detects dementia risk. In a sample of approximately 3,000 adults ages 57 to 85 years old, researchers looked at whether a decline in sense of smell could determine dementia diagnosis. Previous research has shown that twisted fibers of a protein that are characteristic of Alzheimer's – i.e., "tangles" – can be found in the olfactory system and that dementia is linked to a decrease in this sense. In the study, participants sniffed five different odors: peppermint, rose, orange, fish, and leather. In a five-year follow up, people who could not physically detect even one of the scents all had dementia. Nearly 80 percent of those who only detected one or two scents had also been diagnosed with the disease. Study author Dr. Jayant Pinto says the findings are important because they show the central nervous system cautions us about potential health dangers. Dr. Mony de Leon, director of the Center for Brain Health at NYU Langone Health, was ambivalent about the study's implications. He concluded, "What's really most important in this study is the sample size. This must make it the largest study of its kind."

SAVE THE DATE:

2018 KALFA CONFERENCE AND EXHIBITION

May 30 & 31, 2018

The Brown Hotel, Louisville, KY

Have a great weekend!!!

Bob White,
Executive Director, KALFA